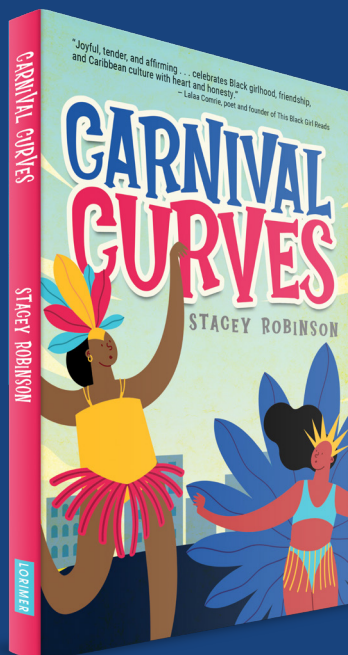
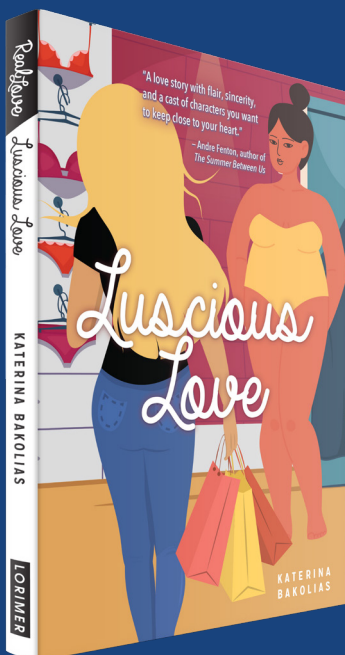
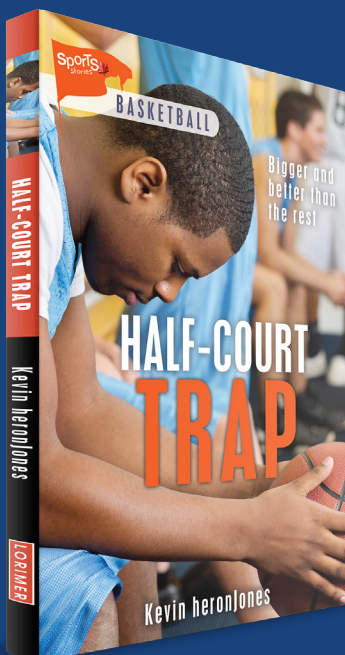




2026 Body Image

Books to support Social
and Emotional Learning



Body Image in stories

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For more titles and information please visit

www.lorimersel.ca



Middle School

Books to support Social
and Emotional Learning



ISBN: 9781459420373

Imprint: Lorimer

Product Form: Paperback

Prices: 19.95CAD,
16.99USD, 16.99USD

Publication Date: 2025-
10-06

Social Emotional Skill:
Relationship Skills

Love on Planet A

(by: Christina Minaki)

A disabled teen climate activist navigates a protective family and her desire to take action and have more independence, while also experiencing first love.

More about the book:

A compelling coming-of-age novel about disability, activism, and first love.

Lydia has had a passion for climate issues for as long as she can remember. After a fall at school, her well-meaning friends and family are against her getting out on the streets to protest, but Lydia is determined to challenge ableism, promote climate action, and make a statement, no matter the risks.

Love on Planet A explores friendship, first love, and fighting for change. With its authentic representation of disability, a strong-willed protagonist, and a socially conscious narrative, this novel is perfect for teen readers who are passionate about activism and making their voices heard. A must-have for libraries, schools, and bookstores looking to expand their selection of engaging, inclusive fiction.

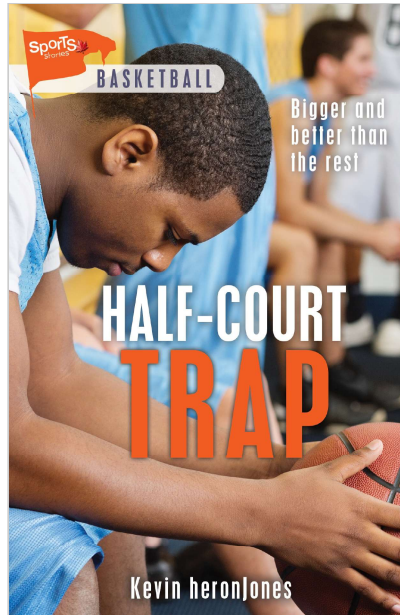


CHRISTINA MINAKI is a librarian, social justice educator, lecturer, editor, and disability rights advocate who considers her disability to be a blessing. She holds two Master's degrees, and has loved trees since childhood. This is her third novel. She lives in Toronto.

Praise

"Christina Minaki writes with heart and insight."

— Allan Stratton, author of *The Way Back Home*



ISBN: 9781459416444

Imprint: Lorimer

Product Form: Paperback

Prices: 12.95CAD,
8.99USD, 8.99USD

Publication Date: 2021-
08-24

Social Emotional Skill:
Relationship Skills

Half-Court Trap

(by: Kevin heronJones)

A thirteen-year-old basketball player struggling with body image and rivalry plots revenge on a teammate, but an unexpected friendship leads him to empathy and self-acceptance.

More about the book:

The issues of male body image and rivalry come together in *Half-Court Trap*. Thirteen-year-old Nigel is teased and belittled at home because of his weight, so an opposing player's trash talk enrages him and he vows revenge. When his enemy becomes a teammate, Nigel plots to make him look bad and get him off the team. As Nigel finds out more about his rival, he not only learns empathy but comes to a new perspective on himself and acceptance of his body shape.



Kevin heronJones is a youth basketball coach, author, journalist, actor, lecturer and award-winning performance poet. He has numerous spoken word recordings and his poetry book titles include *Vision*, *I AM a Child of the SUN* and *Telephone Love*. He lives in Milton, Ontario.

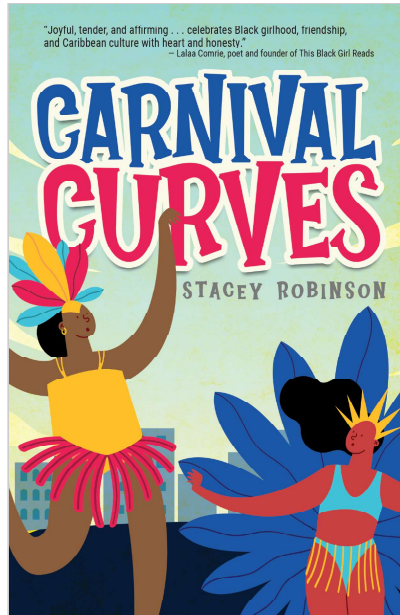
Praise

"Explores boyhood challenges and the value of teamwork, thoughtfully delivering realism and hope for reluctant readers."

— Kirkus Reviews

High School

Books to support Social
and Emotional Learning



ISBN: 9781459420007

Imprint: Lorimer

Product Form: Paperback

Prices: 19.95CAD,
16.99USD, 16.99USD

Publication Date: 2025-
10-06

Social Emotional Skill:
Relationship Skills

Carnival Curves

(by: Stacey Robinson)

Two body-conscious black teens participate in their first Toronto Caribbean Carnival in their last summer of high school, learning to embrace themselves.

More about the book:

In this joyful YA novel about self-acceptance, friendship, and the power of cultural tradition, two teens experience their first Toronto Caribbean Carnival in their last summer of high school.

As the two best friends, one from a conservative Nigerian family and the other a Jamaican-Canadian, prepare costumes to dance for the first time in the Carnival parade, they confront questions of body image, relationships with young men, and the transition to the world beyond high school.



STACEY MARIE ROBINSON is an editor and music enthusiast with a background in communications. Guided by her Jamaican heritage, her creative content showcases Black Canadian life and Caribbean culture across the diaspora. Stacey is the author of *Dancehall Rebel* and *Carnival Curves* and lives in Scarborough, Ontario.

Praise

"If you love carnival, culture, and meaningful stories—this is your next read."

— Caribbean Magazine



ISBN: 9781459418059

Imprint: Lorimer

Product Form: Paperback

Prices: 16.95CAD,
14.99USD, 14.99USD

Publication Date: 2024-
02-13

Social Emotional Skill:

Relationship Skills

Luscious Love

(by: Katerina Bakolias)

A teen grapples with body image, low self-worth, and a toxic boss—until she finds the courage to stand up for herself, recognize her worth, and embrace the love she truly deserves.

More about the book:

This romance, set amongst Mina's first summer job, explores new love, body image and the frustrations of working in retail.

Mina is thrilled with her new job at the prestigious Luscious Lingerie Store, known for hiring only the most elegant people. Even better, she meets, Lexi who is beautiful, slender, and smart, everything Mina fails to see in herself, and they start a relationship. But when her manipulative boss asks Mina to submit a picture to a contest, highlighting their commitment to diversity in size, her insecurities creep back in.

Will Mina finally learn to accept the love she deserves, speak up about her feelings, and stand up to her boss?

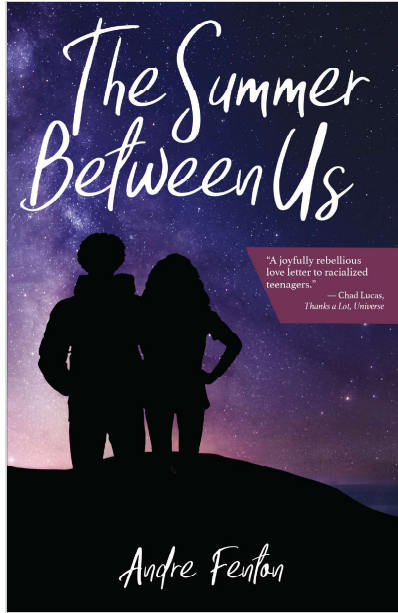


Katerina Bakolias (she/her) is a queer, Greek-Canadian, playwright, and screenwriter. Recognized for her talents Katerina received the RBC Chrysalis Emerging Artist Award in 2020. She lives in Nova Scotia.

Praise

A lovely story of learning to chart your own course... Mina is a body-positive fat girl who's considering whether she might actually be pansexual. She's a delightful main character, exploring all facets of growing up and becoming one's own person.

— Kirkus Reviews



ISBN: 9781459506817

Imprint: Formac

Product Form: Paperback

Prices: 14.95CAD,
8.99USD, 8.99USD

Publication Date: 2022-
04-19

Social Emotional Skill:
Relationship Skills

The Summer Between Us

(by: Andre Fenton)

A biracial teen faces pressure to meet others' expectations as he graduates high school, deals with identity and body image issues, family tensions, and discovers his own path and passion during a pivotal summer.

More about the book:

This coming-of-age story follows 18-year-old Adrian Carter as he graduates from high school and confronts difficult decisions about his future. As Adrian navigates the emotional highs and lows of the summer between graduation and his post-secondary future, he gains awareness of the way his Blackness impacts the way he moves through majority-white spaces and negotiates the difficulties of forging a path in life against others' expectations.

Despite his wish to follow his longtime girlfriend Mel on her cross-country trip and find common ground with his emotionally distant father, Adrian comes to understand that his own passion is grounded in a desire to support a community he's forged on his own.



ANDRE FENTON is an award-winning author, spoken word artist and arts educator. He has represented Halifax at seven national poetry festivals across Canada and has written three novels: *Worthy of Love* (2018), *ANNAKA* (2020) and *The Summer Between Us* (2022). He lives in Halifax, Nova Scotia.

Praise

"An empowering journey of self-actualization and a look at the intimate bonds that shape a person."

— Kirkus Reviews

2026 Social Emotional Learning Catalogue

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